



ARFID: NUTRITIONAL MANAGEMENT

CLARE THORNTON WOOD, PAEDIATRIC DIETITIAN



AVOIDANT RESTRICTIVE FOOD INTAKE DISORDER (ARFID) IS DESCRIBED AS AN AVOIDANCE OF FOODS AND/OR LIMITED INTAKE, THAT **CAN'T BE ATTRIBUTED** TO LACK OF FOOD, CULTURAL PRACTICES OR ANOTHER CONDITION.

CHARACTERISTICS ASSOCIATED WITH ARFID:

- 1 LOW INTEREST
- 2 SENSORY ISSUES
- 3 FEAR



“IT LOOKS LIKE A MONSTER TO ME”

TRYING FOOD IS SO OVERWHELMING IT FEELS AS THOUGH I'M BEING STABBED”

LEARN ABOUT THE **ROLE OF DIETITIANS & A MULTI-DISCIPLINARY TEAM** IN TREATING ARFID IN OUR **RECENT WEBINAR!**

MYNUTRIWEB.COM

